## The Tracking Project presents: Cultural Perspectives on Dreams and Dreaming Part 1 with John Stokes



Painting by Michael Buchanan, Gumbaynggir people of New South Wales

For years, one of the most popular parts of The Tracking Project's courses has been the daily dream circle. John Stokes, Director of the project, has often talked about offering a course on dreams and dreaming that would address the dream ecology he has encountered in this travels and work with traditional cultures and communities around the world. Part 1 of this workshop draws specifically on John's experiences in Australia and Hawai'I, while Part 2 (offered in the spring 2018) ties in dream cultures from North and South America.

**When:** Friday, Nov. 10<sup>th</sup> 7:30pm-9:30 pm

Saturday, Nov.11<sup>th</sup> 9am-4pm Sunday, Nov.12<sup>th</sup> 9am-1pm **Where:** A private yurt in Santa Fe

Cost: \$250/person, \$450/couple and \$200/student

Through storytelling, dream circles, tracking exercises and journaling, John hopes to give participants new perspectives on how we can access our dreams — remembering dreams, recordings dreams, sending and receiving dreams, incubating dreams... Using techniques of "dream tracking" we will look at dreaming through the eyes of many varied cultures and traditions.

To register or learn more contact:
The Tracking Project
thetrackingproject@earthlink.net
(505) 898-6967

"Bringing the pieces together again."