## The Tracking Project presents:

## **Cultural Perspectives on Dreams and Dreaming**

with John Stokes October 20 – 22, 2023



Dreams and Dreaming, by Judy Haas

Daily dream circles have always been a part of our Tracking Project courses. Since 2017, John Stokes — Director of the Project — has been offering a higher level course on dreams and dreaming to share some of the vast knowledge he has gained through more than 40 years of work with traditional Native elders and healers from around the world. Traditional cultures have found an amazing range of styles to express their experiences in the dream world. Using the technique of "Dreamtracking ®", we will look at the ecology of dreams through the eyes of many varied cultures and traditions.

It is not necessary to have taken part in previous classes to attend this workshop.

**When:** Friday, October 20 7:30 pm — 9:30 pm

Saturday, October 21 9:00 am — 4:00 pm

Sunday, October 22 9:00 am — 1:00 pm

**Where:** A private yurt in Santa Fe

Cost: \$250/person, \$450/couple and \$200/student

Come join us in a small, sacred space with a group of people who honor and respect their dreams. Through stories, dream circles, discussions, journaling, and tracking exercises, John offers new techniques for merging dreams with our waking reality to enhance the healing powers and creativity of our dreams and visions.



To register or learn more, contact:

The Tracking Project office@thetrackingproject.org 505.898.6967

